

Swim, Bike, Run, and CURE CANCER!

Three years ago I ran my first marathon with Team In Training and raised over \$3000 for the Leukemia and Lymphoma Society. This experience has changed my outlook in life; I am grateful for my health and opportunities to do something outside of clinic and hospital to help patients and families affected by cancer. Being a pediatrician, I have seen first hand how devastating cancer can be to a child and his or her family. Outcomes for childhood cancers have improved drastically in the last few decades thanks to the advances in research in medications and treatment modalities. We can do even better! That's the main reason I have decided to join the triathlon team this time and raise more funds for the cause to cure cancer. My training will be intense with 2 days of swimming, 1 day of biking, and 1 day of track workout on weekdays, as well as extensive workout on weekends, but that's nothing compared to what cancer patients and families have to endure. ----- Humphrey Lu



And My Inspiration...

One of my patients, Clayton, came in at the end of September with complaints of fatigue and "feeling cold." After some screening lab tests, I received a dreadful phone call about the results. Soon Clayton was sent to Lucile Packard Children's Hospital for further evaluation to confirm the diagnosis and begin chemotherapy. He is diagnosed with a rare type of leukemia called biphenotypic acute leukemia, and his initial hospital course was almost two months long since there isn't a clear treatment protocol for this rare leukemia. Clayton has shown so much courage and humor in dealing with his illness; I am truly inspired by his strength and courage. Clayton is now getting ready for bone marrow transplant in the near future after 4 months of chemotherapy.



Thank You For Your Support!

At least 75% of the money donated to the Leukemia and Lymphoma Society is used for its various programs, ranging from scientific research to direct patient care such as assistance with clinic visit copayment, parking fees, and accommodations for family. I encourage you to contribute generously to this cause, and if you are unable to provide monetary support, I would appreciate your help in spreading the word by passing this flyer on to someone else. You may donate directly online at

<http://www.HMBabies.com>

Your Donation is Tax Deductible!

You may also send a check made payable to LLS to:

P.O. Box 3338, Half Moon Bay, CA 94019